



THE OAKS NEWS

SEPTEMBER 2016

A MONTHLY NEWSLETTER FOR THE PUBLIC HOUSING, CARSON CREEK AND MANOR TOWN RESIDENTS OF THE HOUSING AUTHORITY OF TRAVIS COUNTY, TEXAS

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NATIONAL HISPANIC HERITAGE MONTH

Hispanic Heritage Month is a period to recognize the contributions of Hispanic Americans to the United States and to celebrate Hispanic Heritage and culture. The observation started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period starting on September 15 and ending on Oc-

tober 15. It was enacted into law on August 17, 1988 on the approval of Public Law 100-402.



September 15 was chosen as the starting point for the celebration because it is the anniversary of independence of five Latin American Countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. They all declared in-

dependence in 1821. In addition, Mexico and Chile celebrated

their independence days on September 16 and September 18, respectively. Public Law 100-402 authorized and requests the President to issue an annual proclamation designating September 15 through October 15 as "Hispanic Heritage Month."

EASY CELLPHONE RECYCLING



About 600 million obsolete cellphones are languishing in U.S. homes and offices. If you have one, you can recycle it, and do a good deed. Log on to [\[n.org/aarp\]\(http://n.org/aarp\) and follow the easy prompts. You'll receive a postage paid envelope or a collection box for community phone recycling efforts. Some phones will be sold, with the proceeds going to programs that](http://www.gooddeedfoundatio</p></div>
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help women and children escape poverty or to support climate-change initiatives. There will also be a number of phones provided to seniors to make 911 calls.

Social Media

 Like us @[Housing Authority of Travis County](https://www.facebook.com/HousingAuthorityofTravisCounty)

 Follow us @[@HATCTX](https://twitter.com/HATCTX)

VISIT OUR WEBSITE AT HATCTX.COM

SMART WAYS TO HELP YOUR TEEN NAVIGATE THE REAL WORLD

PROBLEM: Your son likes to share his problems, but then becomes annoyed with your advice and rejects it. Can you be helpful without upsetting him?

SOLUTION: Yes, when your kids tell you things and then don't want your input, it's confusing and frustrating. But sometimes they just want to vent. The next time he unloads, say "I'd like to help, but are you telling me this because you want me to just listen or do you want advice too? Either way is fine, but just let me know." Then sit back and let him tell you what he needs.

PROBLEM: Your 16 year old daughter spends a lot of time at her boyfriend's house. You recently found out that his parents allow them to watch movies in his room with the door closed. Should you confront his parents?

SOLUTION: Yes! Just confirm the "facts" with them first. While it's important to have a mutually respectful relationship with them, it's more important to set clear guidelines for your daughter and her boyfriend, such as, "The bedroom door must always be open." And don't hesitate to tell the other parents your rules!



**HAPPY
BIRTHDAY TO
ALL BORN IN
SEPTEMBER!**

**For
Emergencies After
Office Hours**

Call



**And Then Contact
Management at
512-563-0261**

KNOW THE SIGNS OF A STROKE

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer brain damage when people nearby fail to recognize the symptoms of a stroke. Now doctors say a bystander can recognize a stroke by asking three simple questions:

1. Ask the individual to SMILE



2. Ask him or her to RAISE BOTH ARMS
3. Ask the person to SPEAK A SIMPLE SENTENCE

If he or she has trouble with any of these tasks, call 911 immediately and describe the symptoms to the dispatcher. After discovering that a group of non medical volunteers

could identify facial weakness, arm weakness and speech problems, researchers urged the general public to learn the three questions. They presented their conclusions at the American Stroke Associations annual meeting last February. Widespread use of this test could result in prompt diagnosis and treatment of the stroke as well as preventing brain damage.

RENT PAYMENTS

RENT IS DUE ON THE FIRST OF EACH MONTH TO AVOID BEING CHARGED LATE FEES, REMEMBER TO PAY YOUR RENT ON TIME.

ALL PAYMENTS MUST BE MADE IN A MONEY ORDER, CASHIERS CHECK, PERSONAL CHECK OR DEBIT CARD (ONLINE

ACCOUNTS). **NO CASH WILL BE ACCEPTED.** IF YOU HAVE ANY QUESTIONS PLEASE CALL MANAGEMENT AT 512-480-8245 EXT. 38.

MAILING ADDRESS FOR ALL PAYMENTS:

HOUSING AUTHORITY OF TRAVIS COUNTY



ATTN: GABRIELLE WRIGHT
502 E. HIGHLAND MALL
BLVD. SUITE 106-B
AUSTIN, TEXAS 78702

CHIMICHANGAS



1 lb. of ground beef
1/2 cup of finely chopped onions
2 cloves of minced garlic
1 tsp. crushed red pepper
8 flour tortillas
8 oz. bag of shredded Colby Jack cheese
2 cups of oil
1/4 cup of sour cream

1/4 cup of chunky salsa
1/4 cup of finely chopped cilantro

Brown meat in a large skillet on medium-high heat; drain. Add onions, garlic, and pepper; mix well. Cook until onions are tender, stirring occasionally; drain.

Place 1/4 cup of meat mixture onto center of each tortilla; top with cheese.

Fold in all sides of tortillas to completely enclose filling; secure with wooden toothpicks. Place in single layer on baking sheet; cover and refrigerate 20 minutes.

Heat oil in large saucepan on medium-high heat. Add tortilla pouches, 2 at a time; cook 5 minutes or until golden brown. Drain. Remove toothpicks. Serve topped with salsa, sour



NEW WALK-IN HOURS

Effective **SEPTEMBER 1, 2016**, The Housing Authority of Travis County staff **WILL ONLY** see WALK IN appointments on the following days:

Tuesdays 8:00 AM – 3:00 PM

Thursdays 8:00 AM – 3:00 PM

*****All other days will REQUIRE AN APPOINTMENT however office hours will remain the same:**

*****Monday 8:00 AM – 5:00 PM**

*****Wednesday 8:00 AM – 5:00 PM**

*****Friday 8:00 AM – 5:00 PM**

HATC HOLIDAY

In observance of Labor Day, HATC will be closed Monday, September 5th, 2016 and will resume Tuesday, September 6th, 2016. If you have an emergency work order please call 512-563-0261.



IMPORTANT PHONE NUMBERS

**HOUSING
SPECIALIST
GABRIELLE
WRIGHT**

512-480-8245
EXT. 38

**MAINTENANCE
WORK ORDER
REQUEST LINE**
512-617-7850

**AFTER HOURS
MAINTENANCE
EMERGENCIES**
512-563-0261

Housing Staff

Housing Specialist

Gabrielle Wright

Maintenance Lead

Alfred Galvan

Maintenance Lead

Juan Martinez

Maintenance Technician

Jesse Villanueva

4. - C. Montgomery, Alabama

3. - C. Guiding Light

2. - C. Douglas MacArthur

1. - A. Boston

Trivia Quiz Answers

Senior Giggles

Grandma's Visit

"Oh, I sure am glad to see you," the little boy said to his grandmother (on his mother's side). "Now Daddy will do the trick he's been promising us." The grandmother was curious. "What trick is that?" she asked. "He told Mommy that he'd climb the walls if you came to visit," answered the boy.



Pet Parrot

A man buys a pet parrot and brings him home. But the parrot starts insulting him and gets really nasty, so the man picks up the parrot and tosses him into the freezer to teach him a lesson. He hears the bird squawking for a minute, but all of a sudden the parrot is quiet. The man opens the freezer door, the parrot walks out, looks up at him and says, "I apologize for offending you, and I humbly ask for your forgiveness." The man says "Well, thank you. I forgive you." The parrot then says, "If you don't mind my asking, what did the chicken do?"

WELCOME BACK TO THE 50'S TRIVIA QUIZ

1. In 1950, the Famous Brinks Robbery netted \$2.8 million. Where did it occur?

- A. Boston
- B. New York
- C. Chicago

2. Who said "Old soldiers never die, they just fade away."

- A. Gen. Dwight Eisenhower
- B. Gen. Omar Bradley
- C. Gen. Douglas MacArthur

3. Which longest running daytime drama moved from radio to TV in 1952?

- A. Days of our Lives
- B. General Hospital
- C. Guiding Light

4. Rosa Parks' refusal to give up her seat on a bus led to a Supreme Court decision outlawing bus segregation. Where did this happen?

- A. Memphis, Tennessee
- B. Macon, Georgia
- C. Montgomery, Alabama

